

Emergency Contact Information

FOOD

Bristol City Council's Local Crisis Prevention Fund

- If you are self-isolating and need food, contact Bristol City Council's Emergency Payment Scheme:
 - Email: lcpc@bristol.gov.uk (please include your full name and address)
 - Phone: **0117 922 4500** (open Monday to Friday, 9am to 12noon)
- **North Bristol Foodbank**
Our Outlets are now closed. If you have a voucher, emergency parcels can be collected from our Foodbank Social Justice Hub, St. Andrew's Church, Avonmouth, BS11 9EN (open Monday to Friday 10am-1pm).
 - Call on: **0117 9235343** or text 07821466497 if you need more information.
 - E-mail: office@bristolnwfoodbank.org.uk
 - Online: <https://northbristol.foodbank.org.uk/>
- **East Bristol Foodbank:**
We are based in Easton. If you need help from the foodbank the quickest way is to telephone. We can then direct you to the most appropriate agency to give you a foodbank voucher.
 - Call on: **07584 625082**
 - E-mail: ebfoodbank@crisis-centre.org.uk
 - Online: <https://eastbristol.foodbank.org.uk/contact-us/>
- **South Bristol (Refresh) Foodbank:**
We are based in Bedminster. Our Address is 81 East Street, Bedminster, BS3 4EX
 - Call on: **0117 9086015**
 - E-mail: refreshbs3@gmail.com
 - Online: <http://www.refreshbedminster.co.uk/>

OTHER EMERGENCY SUPPORT

- **SARSAS Helpline:** Call **0808 801 0456** if you have experienced rape or sexual assault:
 - Monday: 11am – 2pm
 - Tuesday: 11am – 2pm and 6.30pm – 8pm
 - Wednesday: 11am – 2pm and 6.30pm – 8pm
 - Thursday: 11am – 2pm and 6.30pm – 8pm
 - Friday: 11am – 2pm
- **Avon and Somerset Police:** Call **101** or **999** in an emergency.
- **NHS:** Call **111** for specific health related advice or check their website at <https://111.nhs.uk/>
- **Bristol City Council Homeless Advice Team:** Call **0117 352 6800** or if a week day after 5pm or weekend call the **Emergency Duty Team on 01454 615 165** or go to your nearest police station.
- **Adult Social Care:** For vulnerable adults in Bristol, call **Care Direct on 0117 9222700** or call the **Emergency Duty Team on 01454 615165** after hours.
- **Children's Social Care:** Report or share concerns about children in Bristol with **First Response on 0117 9036444** or the **Emergency Duty Team on 01454 615165** after hours.
- **Mental Health Support:** Bristol Mind call **0808 808 0330** (Wed-Sun, 8pm to midnight), or Samaritans call on **116123** or if in a mental health crisis call Bristol Mental Health Crisis Team on **0300 555 0334**.