

Southmead Project Family Support Group

Are you feeling...
worried, isolated,
frightened, sad,
drained, hopeless,
confused, alone
because of someone
else's drinking or
drug taking?

“Getting support can
change your life”

ADDICTION
AFFECTS FAMILIES

Group meeting every Wednesday evening 7–9pm at Southmead Project

Feel free to call 0117 950 6022 for more information

This is a free and confidential service provided by a qualified substance misuse specialist

If so, you are very welcome to come along and get support from people who are in similar situations

Southmead Project 165 Greystoke Avenue, Southmead, Bristol BS10 6AS

Tel: 0117 9506022, email: admin@southmeadproject.com, www.southmeadproject.org.uk

Specialist abuse counselling service: Tel: 0117 9594809