

**Southmead Project**

**Group meeting every  
Wednesday evening  
7-9pm at the  
Southmead Project**  
165 Greystoke Avenue,  
Southmead, Bristol,  
BS10 6AS

# Family Support Group

**Are you feeling...  
worried  
alone  
hopeless  
because of  
someone else's  
drinking or  
drug taking?**

**Southmead Project**

165 Greystoke Avenue, Southmead  
Bristol BS10 6AS

Tel: 0117 950 6022

[admin@southmeadproject.com](mailto:admin@southmeadproject.com)

[www.southmeadproject.org.uk](http://www.southmeadproject.org.uk)

# ADDICTION AFFECTS FAMILIES

## Group meeting every Wednesday evening 7-9pm at the Southmead Project

165 Greystoke Avenue,  
Southmead, Bristol, BS10 6AS.

This is a free and confidential group for family members who support someone with an addiction to drugs or alcohol or who are affected by someone else's addiction. The group is facilitated by a qualified substance misuse specialist.

Please feel free to come to as many or as few sessions as you wish.

If you are interested in joining, please call 0117 9506022 or e-mail [admin@southmeadproject.com](mailto:admin@southmeadproject.com).



Here is some feedback  
from participants of  
the group...

“I was in a big black hole of desperation until I found support”

“Coming to the group gives me the strength to carry on”

“Getting support can change your life”

“I don't have to suffer alone”